

2023 HUGHES SPRINGS POWERLIFTING SCHEDULE

Texas High (FCA)- Jan 21, 2023 (All)

White Oak- Feb 4, 2023 (All)

Redwater- Feb 9, 2023 (All)

Sabine- Feb 16, 2023 (Girls Last Chance)

Maud- Feb 23, 2023 (Boys Last Chance)

Eustace- Mar 3rd, 2023 (Girls Regionals)

Malakoff- TBD (Boys Regionals)

Frisco – Mar 15th-18th (Girls State)

Abilene- TBD (Boys State)

Boys Powerlifting Coach- J.D Russell
Girls Powerlifting Coach- Jeremy Phillips
Athletic Director: Chris Edwards
High School Principal: Brian Nation
Superintendent: Sarah Dildine